

THE
SAMPHIRE
RESTAURANT



**Grimsby
Institute**

Changing lives every day

THE
SAPPHIRE
RESTAURANT

SUMMER TERM

2025-2026

Lunch menus

All items may contain nuts or nut derivatives and other allergens. Please make staff aware of any dietary requirements.

Please note that this menu is subject to change to accommodate learners' assessments.

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*German themed menu Available Tuesday 21st,
Wednesday 29th and Thursday 30th April*

Vorspeisen (Starters)

Raucherforelle (Trout Dip) served with Dressed Salad and Rye Bread

Erbensuppe (Split Peas Soup)

Hauptspeise (Mains)

Goulash with Sour Cream, served with Creamy Mashed Potatoes and
Sauteed Cabbage

German Baked Cod in Mustard Cream with Herbed Potatoes and Asparagus.

Alsatian Flatbread topped with Creme Fraiche, Onions and Mushrooms,
served with a dressed green salad (Flammkuchen)

Nachtisch (Desserts)

Apfelstrudel with Chantilly Cream (Apple Strudel)

Schwarzwaldler Kirschtorte (Black Forest Gateaux)

1 Course £6.50, 2 Course £9.50, 3 Course £12.50

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TO BEGIN

Hot Smoked Salmon, chicory, eggs, potato and avocado salad
Stuffed Mushrooms with cheese, tarragon and rocket

TO FOLLOW

Souvlaki Chicken skewers with Greek salad, flatbread and tzatziki
Baked Whole Seabass with lemon, garlic and herb butter, served at the table with herby new potatoes and asparagus
Warm Tomato and Ricotta Galette with herby new potatoes and dressed green salad

TO FINISH

Chocolate Cheesecake with raspberry coulis
Mixed berry cobbler with pouring cream or vanilla ice cream

1 Course £6.50, 2 Course £9.50, 3 Course £12.50

Available
5th, 6th, 7th May 2026
12th, 13th, 14th May 2026

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Academic Year 2026/27 menus: COMING SOON

1 Course £6.50, 2 Course £9.50, 3 Course £12.50

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